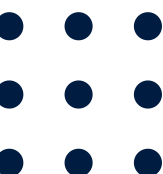
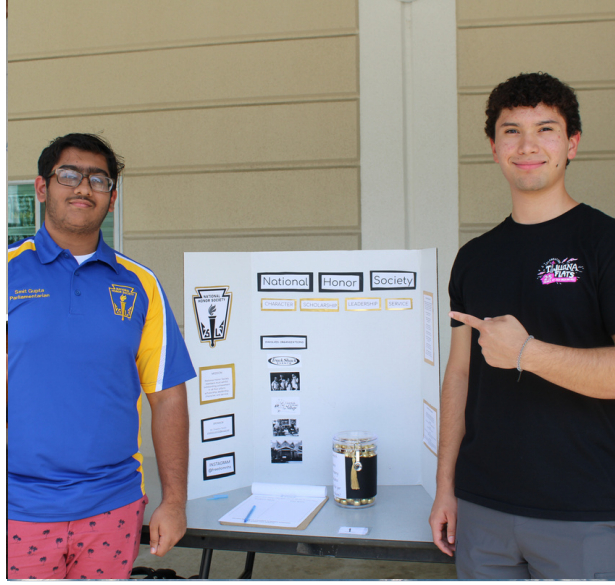


THIS IS OUR **FREEDOM** *Weekly Report*



**HONOR
EXCELLENCE
TRADITION**







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TRADITION**

F R E E D O M H I G H S C H O O L

COMMUNITY CORNER



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Merchandise Here**



<https://freedomhsptsa.memberhub.com/store>

ORANGE COUNTY COUNCIL OF PTA BREAKFAST



Mr. France and FHS PTSA President Ms. Beth Peraza at the OCC PTA Presidents and Principals Breakfast.

The Orange County Council of PTA/PTSA hosted the annual Presidents and Principals Breakfast last Friday at the Second Harvest Food Bank.

This event featured Florida and OCPS Dignitaries such as State Rep. Anna Eskamani, OCPS Superintendent Dr. Maria Vazquez, and OCPS Deputy Superintendent Dr. Michael Armbruster.

We are proud of the work that PTSA does for our school, and we look forward to their continued support of our students, staff, and our Patriot Community.

Our school shines! Freedom literally shines because our custodial staff takes great pride in the work they do every day and every night. We are blessed and proud that they are on our team. Our custodial staff goes above and beyond to keep our learning environment clean for our students and our staff.

Prior to performing in Orlando's Camping World Stadium Kickoff on ABC, two of the best university bands in the US practiced at our Freedom High School Stadium, and allowed our band students to watch and learn. Dr. Antmann's and Ms. Mistretta's exemplary work and professional reputations are well-known and highly respected, which helped the FSU and LSU Marching Bands in choosing Freedom High School over all other places in Central Florida to partner with and practice. This is a testament to how great our Band program truly is.

Physics and AP Biology are designed to be challenging courses, yet our students thrive and they prepare for college and futures in the STEM fields. AP Physics teacher, Mr. Madhavan, Physics Honors teacher, Mr. Correa, and AP Biology teachers, Ms. Jarmusch & Ms. Singleton, continually develop the best interactive lesson plans for students to really engage and experience science as they learn.

It's been a good week for Freedom!

WE ARE FREEDOM

Charles France
Principal, Freedom High School



LATINOS IN ACTION PRESENTS...

HISPANIC WEEK HERITAGE

MONDAY SEP. 25



DRESS UP: Jersey Day!

Wear your favorite **Hispanic's sports team jersey or colors!**

CULTURAL EXHIBITION:

Come and take a look to the exhibitions of our beautiful culture at the courtyard during both lunches!

TUESDAY SEP. 26



QUESTIONS FOR CANDY!

LIA students will walk around the cafeteria/courtyard with trivia questions and **candy** during both lunches!

WEDNESDAY SEP. 27



A TASTE OF HISPANIC CULTURE:

LIA students will host a table filled with samples during both lunches of different foods and drinks!

DRESS UP: Wear a Hispanic country flag colors! (no flags, no hats)

THURSDAY SEP. 28



GAMES DAY!



LIA Students will place common games in Hispanic countries during both lunches at the courtyard.

DRESS UP: Hispanic artist day! Students, Teachers and Staff will be able to dress up as their favorite artist!

FRIDAY SEP. 29



BINGO: LIA will host a Bingo during both lunches at the courtyard, and the winner will receive a **CHICK-FIL-A GIFT CARD!**





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UPCOMING EVENTS

RESILIENCY DAY

Students will take part in civic and character education and life skills education through resiliency education as mandated by the State of Florida.

EMERGING BILINGUAL FAMILY ACADEMY

Families of our Emerging Bilingual Students can learn about how grades, GPA, and progress monitoring all go hand-in-hand. Event starts at 5pm in the Media Center.

FAST TESTING (Grades 11-12)

Students will need to bring their fully charged devices with them for testing. Check Student email from Ms. Tarantino for testing locations.

PTSA & SAC Meeting

Join us in the Media Center for our next PTSA & SAC Meetings of the 23-24 School Year. PTSA meets at 5pm, followed by SAC at 6pm.

Underclassmen Picture Day

Students in grades 9th, 10th, and 11th will take class photos during their English classes. Information on ordering photos will be sent home.

FHS College Fair

Our College & Career Program will host a college fair for FHS Seniors featuring various educational, technical, and military options available for the Class of 2024.

12
SEP

13
SEP

14
SEP

18
SEP

20
SEP

29
SEP



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FreedomHS.OCPS.net



MEET YOUR CUSTODIAL STAFF



Ronnie Gossett

Master Crew Leader

Email: Ronnie.Gossett@ocps.net

Phone Ext.: 6085654



Victor Ruiz



Theresa Alexis



Abelardo Garcia



Nancy Esteves



Eduvigis Peralta



Anita Marcelin



Maria Luna



Omar Molina



Carlos Irizarry

CLASSROOM SPOTLIGHT

LIGHTS, CAMERA, ACTION (Patriots TV)



GABRIEL SANTOS
NATIONAL HISPANIC RECOGNITION AWARD (NHRA)

Every morning, our staff and students are given an update on the news from around campus complete with interviews and special field segments. The final cut - with a runtime of 3-5 minutes per episode - is the culmination of hours of planning, preparation, and production of our student-led morning news.

Throughout the day, the different periods of our Digital Video Tech classes work on their portion of the show in time for the 6th period students to fill the anchor desk and create the final edit before the end of the day.

It is a team effort and the collaboration gives our students a wealth of hands-on experience in the ever-growing digital video technology space.

We look forward to the many projects that our students will work on throughout the year.





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STUDENT LIFE AT FHS

INTERESTED

in being a Freshman Officer?

**COME TO THE FRESHMAN
ELECTIONS INTEREST
MEETING**

WHEN:
14TH
SEPTEMBER

WHERE:
**ROOM
545**

WHAT
TIME:
**2:45
PM**



FREEDOM HIGH SCHOOL
FALL BLOOD DRIVE
SEPTEMBER 21ST

TINYURL.COM/FALLBLOODDRIVE23

SPONSOR: MR KATZ

JEWISH STUDENT UNION

FIRST MEETING!

ROOM 529
SEPTEMBER 13TH
@1:35-2:00PM



**FREE
FOOD**

LEARN ABOUT THE JEWISH
HOLIDAYS AND ITS
TRADITIONS BY DOING
HANDS ON TEAM BUILDING
ACTIVITIES. WE EAT
DELICIOUS FREE FOOD AT
EVERY MEETING AND PLAY
GAMES TO HELP PROMOTE
THE JEWISH CULTURE.

Instagram: *Remind:*

@JSUFREEDOM

TEXT THE CODE @JSU232
TO 81010

WINTER SPORTS BEGIN IN OCTOBER

Boys Basketball
Head Coach Todd O'Neal
Email: John.Oneal@ocps.net

Competition Cheer
Head Coach Sara Graham
Email: Sara.Graham@ocps.net

Boys Soccer
Head Coach Juan Baquero
Email: Juan.Baquero@ocps.net

Wrestling (Boys/Girls)
Head Coach David Bush
Email: David.Bush@ocps.net

Girls Basketball
Head Coach Rob Caraballo
Email: Robert.Caraballo@ocps.net

Girls Weightlifting
Head Coach Kristy Kline
Email: Kristy.Kline@ocps.net

Girls Soccer
Head Coach Melanie Longstaff
Email: Melanie.Smith@ocps.net

Special Olympics Basketball
Head Coach Susan Scheuer
Email: Susan.Scheuer@ocps.net



Go to

FreedomHghAthletics.com
for Scores and Recaps

THIS WEEK IN SPORTS

- 9.8 - Football vs Lake Buena Vista | Kickoff at 7pm
- 9.9 - Cross Country at St Cloud | 8am
- 9.12 - Girls Golf at Timber Creek @ Stoneybrook | 3:30pm
- 9.12 - Girls Volleyball at Olympia | 5pm(Fr) / 6pm(JV) / 7pm(V)
- 9.13 - Bowling vs East River/University/Colonial at Boardwalk | 3pm
- 9.13 - Golf vs Cypress Creek @ Grande Lakes / 3:30pm
- 9.14 - Cross Country at LBV | 5:30pm
- 9.14 - Girls Volleyball vs Horizon | 5pm(Fr) / 6pm(JV) / 7pm(V)
- 9.14 - Football at Boone | Kickoff at 7pm

Fall Sports @ FHS

- Football
- Girls Volleyball
- Cross Country
- Swimming and Diving
- Cheerleading
- Bowling
- Golf

Athletic Director
Robert Rego
Email: Robert.Rego@ocps.net



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CAMPUS SPOTLIGHT

THE FSU/LSU TAKEOVER



Before taking the field in the highly anticipated Sunday night matchup of College Football powerhouses LSU and Florida State at Camping World Stadium, the Marching Bands of both prestigious universities made Freedom High School their choice for a final rehearsal before the big game.

The LSU Tigers visited Freedom on Saturday morning to get the weekend started and Florida State made their way to Freedom on Sunday, just hours before kickoff. Both bands allowed students and families of our Pride of the Patriots Marching Band, as well as other local bands, to come and watch their respective rehearsals.

It was a great experience for our students, and truly a testament to the hard work work of our band as well as our Directors - Dr. Michael Antmann and Ms. Abigail Mistretta. The reputations of our Directors as music educators and band directors are well known throughout the state and beyond. As a proud FSU Alumni, Dr. Antmann, was excited to welcome the Seminoles and hear the famous "War Chant" echoing across our beautiful campus.

Thank you to both LSU and FSU for choosing Freedom High School; And thank you to Dr. Antmann, Ms. Mistretta, and our Pride of the Patriots Marching band for being such gracious hosts.



Gothic Mansion

Homecoming 2023 | October 2nd - October 7th

Homecoming Dance Oct. 7th from 7-11pm

[Click Here to Purchase Your Tickets](#)

Students Are Required to Submit a
Parent / Guardian Permission Form

[Click Here to Download the Permission Form](#)

Guest Applications Due Sept. 8th by 2:45pm

[Click Here to Download Guest Application](#)



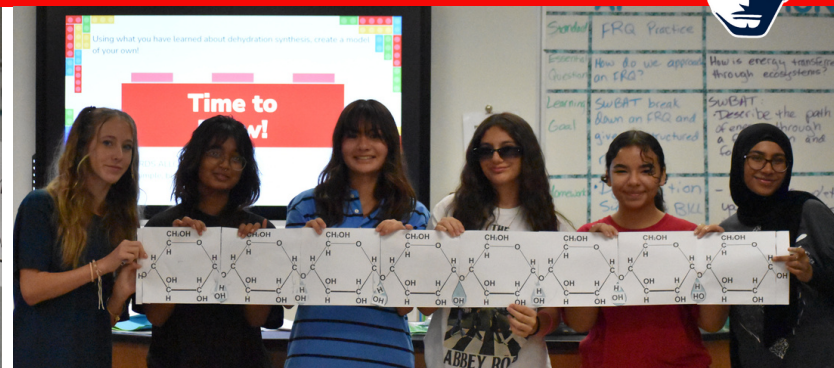
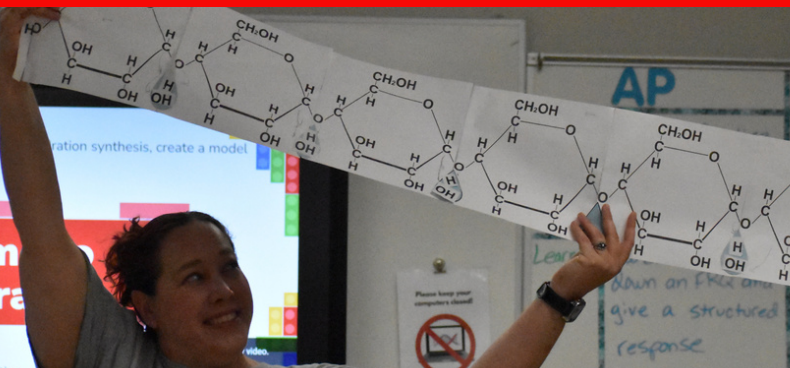
HANDS-ON EXPERIENCE

Classrooms Coming to Life

Students in Mr. Correa's Physics 1 Honors classes were given a demonstration on how to understand the conservation of momentum. The students stood on a spinning wheel while holding weights. The closer the weights were to the center axis, students would experience a decrease in the moment of inertia resulting in the wheel spinning faster. The experiment illustrated how mass distribution and angular velocity are related in the conservation of angular momentum.



Students of Mr. Madhavan's AP Physics C Electricity & Magnetism have a nuanced understanding of physics, which enables them to lead the class in problem-solving sessions. The discussion was about electric fields and the arrangement of static charges.



Students in Ms. Jarmusch and Mrs. Singleton's AP Biology classes' were given a paper with the chemical structure of glucose ($C_6H_{12}O_6$) on it. They were asked to pair up with the student next to them and figure out how they would chemically "bond" their two glucose molecules together into a disaccharide, and once they figured out the solution the students were asked to repeat the process with the pair of students next to them to produce a polysaccharide. The process continued with students joining their polysaccharides together to form long chains modeling a complex carbohydrate. This was part of their introduction to our Unit 1: "Chemistry of Life" topics and allowed students to explore the topics of dehydration synthesis and hydrolysis.

× MAN EVERY WALL × MAN EVERY WALL × MAN EVERY WALL × MAN EVERY WALL × MAN EVERY WALL × MAN EVERY WALL ×



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OCPS ALUMNI NETWORK

OCT 7 | 7:30 PM

vs 

Connect with old friends and meet new friends at the next OCPS alumni event. Join us as Orlando City takes on the New England Revolution. Tailgate and networking starts at 5pm. Purchase discounted tickets below!

FROM
\$25



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rweldin@orlandocitysc.com



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www.FreedomHS.OCPS.net

COLLEGE 101 FOR STUDENTS & PARENTS

College 101 - for Grades 9-11 & Parents

Topics covered: Brag Sheet, Career Search, Creating A College List, College Application, Financial Aid, Scholarships, and much more!

Seniors are welcome to attend, and the event will also be held virtually.

Register at tinyurl.com/College101Freedom

OCPS ALUMNI NETWORK: JOIN NOW

Click Photo Below to Visit The OCPS Foundation Alumni Network Page to Learn More


**OCPS ALUMNI
NETWORK**

Join now and take advantage of this **member only** discount perk.



SATURDAY, OCTOBER 7, 2023

DETAILS click here **FOUNDATION**
FOR ORANGE COUNTY PUBLIC SCHOOLS



COLLEGE 101

9th -11th & PARENTS

COLLEGE 101 Meeting


September 13, 2023

6:00pm

PAC

Students - Bring your laptop!

Register: <https://tinyurl.com/College101Freedom>




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